



Cynthia Siegfried

Author, Inspirational Speaker, Grandmother, Caregiver

Cynthia Siegfried is a grandmother turned author and speaker who is proving that you can teach an old dog new tricks. Mother of three girls -- who turned out alright despite having the quintessential Alpha Mom, she didn't begin writing for publication until her husband, Jim, was stricken with an incurable disease.

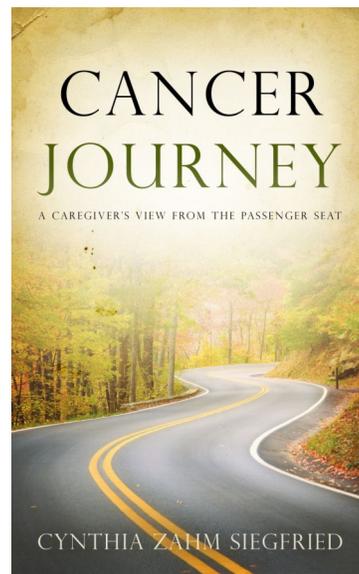
Cyndi is the author of *Cancer Journey: A Caregiver's View from the Passenger Seat* and has contributed stories to *Moments of Grace* and *Chicken Soup for the Soul: Cancer Stories*. Among her credits are articles in: Nostalgia Magazine, Today's Christian, In Touch, Significant Living, and HopeKeepers. She and Jim are co-founders and facilitators of f.a.i.t.H., facing an illness through Him, a support group for families living with serious illnesses. Audiences of all ages can relate to her candid and often humorous presentations of her struggles and triumphs during their long and arduous journey.

She reveals the secrets to finding joy on a trip you don't want to take.

Cynthia is available to speak at seminars, conferences, church events, civic groups, retreats, Women's Organizations, Book Clubs, and Writers Groups.

Speaking topics for Cynthia include, but are not limited to:

- **The View from the Passenger Seat** (The problems and emotions of a caregiver when a loved one is diagnosed with a catastrophic disease)
- **Living with the Giant** (Coping with cancer as a chronic disease and finding joy in the new normal)
- **Chopping Down the Beanstalk** (How to get the giant from your house and live above the fear of his footsteps)
- **Grandma Learns to Tap Dance** (Expanding your horizons, learning how to step out in faith to accomplish all that God has in store)
- **f.a.i.t.H.- facing an illness through HIM** (How to draw on faith when you receive bad news from your doctor)
- **Dare to Dream Big** (Don't limit God in your prayers and expectations)



Jim and Cynthia are also available to speak jointly. Topics include:

- **Facing Cancer Together** (Sometimes illness or crises can tear a family apart, but when Christ is brought into the picture, the outcome can be positive.)
- **Two Views--Same Journey** (The problems and perceptions of the patient and caregiver are different. Cyndi and Jim describe their journey through their seven year battle with cancer from two perspectives.)
- **I Say Potato, You Say Potahto** (Jim and Cyndi have been married for forty-two Years - forty of which have been happy. They share tips for surviving the early years and building a strong and lasting relationship.)

Contact Information:

To book Cynthia for a speaking engagement: Lynne Rooker, 901-299-7862 or lynne.rooker@828marcomplan.com

To contact Cynthia: 901-755-7968; 901-487-0130; cynthia@caregivercancerjourney.com

For more background information: www.caregivercancerjourney.com | www.faithsupportgroup.com